

## TOPIC: ANATOMICAL TERMS FOR THE BACK

### Back of the Trunk

■ **Scapular:** Shoulder \_\_\_\_\_  
*Latin for spade or shovel.*

■ **Vertebral:** \_\_\_\_\_  
*Spine is made of vertebrae.*

■ **Lumbar:** Lower Back  
*Chairs have lumbar support.*

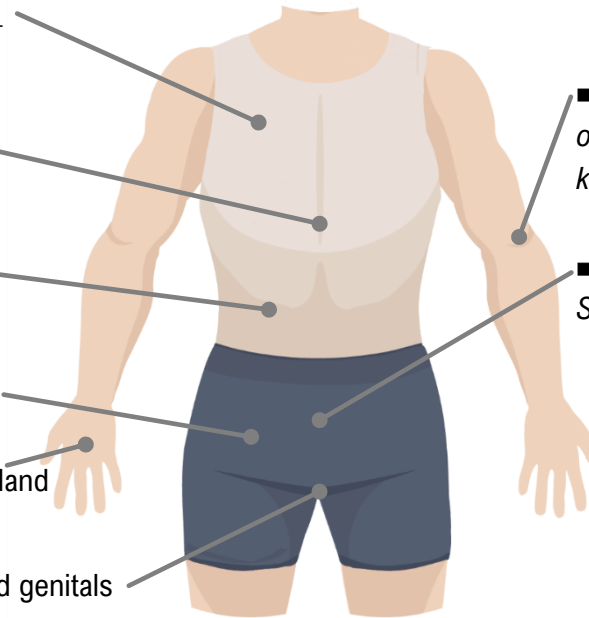
■ **Gluteal:** \_\_\_\_\_, Buttocks

■ **Metacarpal:** \_\_\_\_\_ of the Hand  
*meta = after, carpal = wrist.*

■ **Perineal:** between the anus and genitals  
*Sounds like "peri-anal" & next to anus.*

■ **Olecranal:** back of the \_\_\_\_\_  
*olene = Greek for elbow  
kranion = Greek for head*

■ **Sacral:** \_\_\_\_\_ of the spine  
*Sacrum = Latin for sacred.*



**EXAMPLE:** Identify where you expect to find the following muscles or fascia?

a) Gluteus maximus \_\_\_\_\_

c) Levator scapulae \_\_\_\_\_

b) Transverse perineal muscle \_\_\_\_\_

d) Thoracolumbar fascia \_\_\_\_\_

**PRACTICE:** Using your anatomical terms and directions, where is your sacroiliac joint compared to your naval?

a) Superior.

b) Inferior.

c) Proximal.

d) Distal.

**PRACTICE:** Imagine you hit your funny bone. Which anatomical term describes where you hit your arm?

a) Perineal.

b) Scapular.

c) Olecranal.

d) Sacral.