

## TOPIC: ANATOMICAL POSITION

### Anatomical Position

Universally accepted position used for accurate \_\_\_\_\_.

- Anatomical position:

- Body upright
- Face forward
- Feet \_\_\_\_\_ distance apart
- Toes pointing forward
- Arms by the side
- Hand rotated: palms \_\_\_\_\_



- Anatomy is always discussed referring to a body in this position!

- Left and right refer to the \_\_\_\_\_ left and right.

**EXAMPLE:** Which image represents correct anatomical position? If the body is not in anatomical position, identify why it isn't.

A



B



C



**PRACTICE:** Why is anatomical position important?

- a) To minimize medical errors.
- b) To give a reference position for directional terms.
- c) For easy communication among medical workers.
- d) A-C are all true.

**PRACTICE:** If looking at a body in anatomical position from the back, which part can you see clearly?

- a) The inside of the elbow.
- b) The palms.
- b) The fingernails.
- d) The toes.