




## CONCEPT: DRUG CATEGORIES

◆ Commonly misused and \_\_\_\_\_ drugs are divided into 7 categories:

1. Stimulants, 2. Depressants, 3. Opioids, 4. Cannabis, 5. Hallucinogens, 6. Inhalants, 7. Anabolic Steroids.

### Stimulants, Depressants, Opioids

Drug Categories		
Category	Common Drugs	General Effects
<b>1. CNS Stimulants</b>		
	▸ _____, Nicotine, Cocaine, Amphetamines, Bath salts	▸ ____ Energy ▸ ____ & irregular heart rate ▸ Tremors, convulsions, death
<b>2. CNS Depressants</b>		
	▸ _____, Benzodiazepines, Barbiturates	▸ Muscle relaxation & reduced anxiety ▸ ____ Breathing & drowsiness ▸ Loss of consciousness, possible death*
<b>3. Opioids</b>		
(Narcotics) 	▸ Morphine, Codeine, Heroin, _____	▸ Pain _____, euphoria ▸ Constipation, nausea, drowsiness ▸ ____ Breathing, death




## EXAMPLE

A person who has ingested a large amount of amphetamines is most at risk of which of the following?

- a) Excessive hunger.
- b) Convulsions and possibly death.
- c) Decreased blood pressure.
- d) Loss of consciousness.

## CONCEPT: DRUG CATEGORIES

### Cannabis, Hallucinogens, Inhalants

Drug Categories		
Category	Common Drugs	General Effects
<b>4. Cannabis</b>		
	<ul style="list-style-type: none"><li>▸ Marijuana<ul style="list-style-type: none"><li>- Legal for medical use in most states.</li><li>- Most _____ illicit drug in U.S.</li></ul></li></ul>	<ul style="list-style-type: none"><li>▸ Altered senses, euphoria</li><li>▸ Impaired cognition &amp; motor function</li><li>▸ Psychosis, _____ lung health</li></ul>
<b>5. Hallucinogens</b>		
	<ul style="list-style-type: none"><li>▸ LSD (acid)</li><li>▸ Mescaline (peyote cactus)</li><li>▸ Psilocybin (mushrooms)</li><li>▸ MDMA (ecstasy) - also a _____</li></ul>	<ul style="list-style-type: none"><li>▸ Auditory &amp; visual hallucinations</li><li>▸ _____ Heart rate</li><li>▸ Impaired motor function, possible death</li></ul>
<b>6. Inhalants</b>		
	<ul style="list-style-type: none"><li>▸ Gasoline, Aerosols, Paint thinner, _____</li></ul>	<ul style="list-style-type: none"><li>▸ Dizziness, disorientation</li><li>▸ Impaired motor function</li><li>▸ _____ of consciousness</li></ul>


## EXAMPLE

Which of the following statements about MDMA is true?

- a) Is a stimulant with hallucinogenic properties.
- b) Available by prescription.
- c) Decreases heart rate.
- d) Derived from a cactus.

### Anabolic Steroids

- ◆ Known as performance-enhancing (ergogenic) drugs.
  - Anabolic steroids are \_\_\_\_\_ to use unless used for medical treatment of a disease.

Drug Categories		
Category	Common Drugs	General Effects
<b>7. Anabolic Steroids</b>		
	<ul style="list-style-type: none"><li>▸ Synthetic testosterone</li></ul>	<ul style="list-style-type: none"><li>▸ Increased muscle mass &amp; strength</li><li>▸ Acne, liver damage</li><li>▸ _____ Risk of stroke or heart attack</li></ul>

## **CONCEPT: DRUG CATEGORIES**

### **EXAMPLE**

Which classification most accurately describes drugs that are used to boost physical capabilities in sports?

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- a) Over the counter      b) Ergogenic      c) Testosterone      d) Stimulants

### **PRACTICE**

Morphine, heroin and fentanyl are opioids and are

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- a) considered narcotics with pain relieving properties.
- b) used by breathing in their vapors in order to get a high.
- c) available by prescription.
- d) stimulants of the central nervous system.

### **PRACTICE**

Which of the following is true about marijuana use?

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- a) Smoking marijuana is much less damaging on the lungs than smoking tobacco.
- b) Not subject to federal drug laws.
- c) Second most used illicit drug in United States.
- d) It has been legalized in many states for medical use.

### **PRACTICE**

Which of the following substances can slow breathing and lead to death?

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- a) Cannabis
- b) Depressants
- c) Opioids and depressants
- d) Opioids and stimulants